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## ABSTRACT OF THE DISCLOSURE

The mail gateway generates an identifier for each of attached files included in the e-mail addressed to a user and held in the mail server, and notifies the mail terminal belonging to the user of a list of generated IDs. When the user selects attached files that the user wants to attach to the e-mail from the list of IDs that is notified from the mail gateway, the mail gateway constructs e-mail including the selected attached files and the mail server transmits the constructed e-mail to receivers' addresses thereof.